



# Shanti Sahyog



## Newsletter

Dedicated to Service of the Underprivileged

"The best way to find yourself is to lose yourself in the service of others."

*Mahatma Gandhi*

### Shanti Sahyog Annual General Meeting (AGM) 2020

21 Feb 2020

The 26<sup>th</sup> AGM was held in our Head Office, DDA Flats, Kalkaji, New Delhi. Sr. Vice President, Mrs N Rishi warmly welcomed the Members. As is our tradition, a Cultural Program by our Preschoolers & Vocational Centre trainees preceded the Meeting. The skits presented were on national and religious harmony, patriotism, healthy food habits, etc. and can be viewed on YouTube:

<https://www.youtube.com/channel/UCdr63-30RW5wxPOOPDL76Rg>

After the program - highly appreciated by our Members - our President, Dr. Suman Khanna Aggarwal, presented the Annual Report 2018-2019, focusing on the impact of our Projects in Education, Health, Skill Development & Women Empowerment, intermingled with success stories of the Project beneficiaries. She also presented the Financial Report followed by a general discussion with the Members on future plans of the NGO. Mr S M Sethi, Vice President, gave the vote of thanks.

A novel feature was the institution of **Shanti Sahyog Person of the Year Award** which went to **Mrs Neeru Mehra, Director-Education**, for going well beyond the call of duty during her more than a decade long dedicated and exemplary service to Shanti Sahyog.



Mrs Neeru Mehra receiving the 'Shanti Sahyog Person of the Year Award 2020'



Skit on National Integration & Religious Harmony



Guests distributing gifts to children



Members enjoying the Cultural Program

## Shanti Sahyog PROJECTS

### ➤ Education for Urban Slums

- Play /Pre Schools
  - i. Opposite Sudhar Camp Slum, Kalkaji
  - ii. DDA Flats, Kalkaji
  - iii. Tughlakabad Village (TKD)
- Primary & Secondary
- Adult
- Non-formal / Remedial

### ➤ Health

- **Dental Centre**  
Opposite Sudhar Camp Slum, Kalkaji
- **Homeopathic Clinic**  
DDA Flats, Kalkaji
- **Free Camps**  
Eye, Dental & Cancer  
Mammography / Cervical / Oral

### ➤ Women Empowerment

- **Azim Prem Ji Foundation Project:**  
Legal Awareness / Counselling /Aid & Rehabilitation through Vocational Training for Domestic Violence Victims  
**DDA Flats Kalkaji, Centre for Women**
- **TBZ Project PANKHI**  
**TKD Village, Centre for Women**
- Govt. Social Welfare Schemes

### ➤ Skill Development Centre Kalkaji & Tughlakabad Village

- Computer Application
- Cutting & Tailoring
- Beauty Culture
- National Digital Literacy Mission (NDLM)

### ➤ Centre for Peace & Conflict Resolution

- Gandhi Clubs in Schools
- International Initiative  
#Choose Nonviolent Defence

We work in 17 South Delhi slums

(Kalkaji-Govindpuri Area) & in  
Tughlakabad Village



# ACKNOWLEDGEMENTS

Team Shanti Sahyog is grateful to:

## Rotary Club of Delhi Cama Place District 3011

for supporting Shanti Sahyog Cutting & Tailoring Centre, DDA Flats Kalkaji, New Delhi since 1.2.2016 to date & Shanti Sahyog Play/Pre School, Opposite Sudhar Camp Slum, Kalkaji, New Delhi since School Year 2018-19 to date.



**Azim Premji Foundation**

## Azim Premji Foundation - THE PHILANTHROPY –

for a funding grant of 3 years, starting F/Y 2020 – 2021, for the Project - Legal Awareness/Counselling/Aid & Rehabilitation Centre For Women, DDA Flats Kalkaji, New Delhi - 110019



for 200 cartons of juice in March 2020 & 139 cartons in May 2020 for distribution to our beneficiaries of our catchment area of 17 slums in Kalkaji /Govindpuri, New Delhi. We also thank **Vijay Kaul** of **SAVIJAY Trust** for contacting **Dabur**.



**Dr. Shyam Agarwal**, Senior Medical Oncologist / Cancer Specialist & Bone Marrow Transplant Expert, Ganga Ram Hospital, New Delhi (since 30 years) & **Dr. Anita Agarwal**, his wife, Gynaecologist, Max Super Speciality Hospital, PPG & Vaishali (GZB) & Pushpanjali Medical Centre (since 30 years) for instituting an **Education Scholarship** for a slum child.

**Sonarika Mahajan**, Co-Founder, **Humanitive Retail Pvt Ltd** - an Online Gifting Platform for making Shanti Sahyog their Charity Partner, to receive donations from their customers.



**A Billion Hopes**, for including Shanti Sahyog on their online CSR donation platform, through which 'angels' can help our beneficiaries.

**Rtn O P Manchanda**, of **Rotary Club of Delhi Central**, for donating:

- 100 meters of fabric in Feb 2020 to our Cutting & Tailoring Center, Tughlakabad Village, for making bags, cushion covers, etc.
- 50 meters of cotton fabric in April 2020, for making masks.



**Shanti Sahyog Life Member Rajesh Gupta** for marketing our masks and other products on a No Profit basis in his shop: R's World, Rahat Marketing Pvt. Ltd., S-27, Vrindavan Garden, Sahibabad, Ghaziabad, U.P.

**Shri Dharam Chand Jain** for donating 2,000/- cut pieces of masks to Shanti Sahyog.



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Dear Readers,

I sincerely hope you all are well and safe in this difficult, strange, bewildering and trying time, as countries try hard to contain the rapid spread of the pandemic. The coronavirus has taught us a valuable lesson: how vulnerable and interdependent we all are; that the welfare of each is unequivocally connected to the well-being of another. As we spend time in self-isolation, let's think about the most economically weak; those who don't have the privilege of a steady paycheck or stable housing; who live in slums, facing the immediate challenge of securing basic needs. Our catchment area of 17 South Delhi slums & Tughlakabad Village is home to car drivers, child-care providers, domestic helps, whose children we send to School. Let us resolve that they are not left in the lurch. **YOU CAN MAKE A DIFFERENCE** by redirecting funds, that would have been spent on commuting, movies, restaurants and holidays, by donating to **their children's schooling** on the following link: <https://shantisahyog.org/make-a-donation/>Your contribution will fund Shanti Sahyog Education Project for Slum Children.



Some good news in this gloomy period: I had the honour of accepting the following **two Awards, on behalf of Team Shanti Sahyog:**

- ❖ **8 March The National IHRO Women Empowerment Award 2020** conferred by International Human Rights Organization.
- ❖ **14 June Rotary Vocational Award 2019-2020** conferred by The Rotary Club of Delhi Central, Distt. 3010; President: Rtn Kuljit Singh Popli.



I thank **Rotary Club of Delhi Central**, for the opportunity to share our peace initiatives, at their Karkarduma Centre on **7 March & A Billion Hopes** for honouring me by inviting me as their 1<sup>st</sup> speaker on their Instagram Page, **on 12 June.**

**TAKE CARE, STAY SAFE**

Dr. Suman Khanna Aggarwal  
President, Shanti Sahyog

# Shanti Sahyog Pre Schools Calendar of Events

## JANUARY-JUNE 2020

**24 January**      **REPUBLIC DAY CELEBRATIONS**

Republic Day was celebrated in our Play/Pre School, opposite Sudhar Camp slum, Kalkaji, Delhi, with Members of Rotary Club of Delhi Cama Place. Our Chief Guest **Rtn Vinay Mittal**, Club President & his wife **Manju** - hoisted the tricolor, along with **Rtn Neeraj Kapoor**, Past President, his wife **Ashi** & **Rtn Bhaskar Chatterji** - Treasurer. Our students staged a Cultural Program on patriotic themes, highly applauded by all. The event ended with a delicious lunch from ISCKON, which the Rotarians served to the kids along with fruit, which **Rtn Vinay Mittal** had so generously brought for the kids. We thank the Club Members for taking the time to grace the occasion.



**15 FEB**    **PICNIC AT NANDAN VAN**

**14 FEB**    **IN MEMORY OF CRPF JAWANS**



We also celebrated *Lohri* on 13 Jan; *Saraswati Puja* on 29 Jan; *Holi* on 6 March.

Monthly Parent-Teacher Meetings were routinely held in our 3 Play/Pre Schools. Parents are happy to attend the PTM and learn about the progress of their wards.

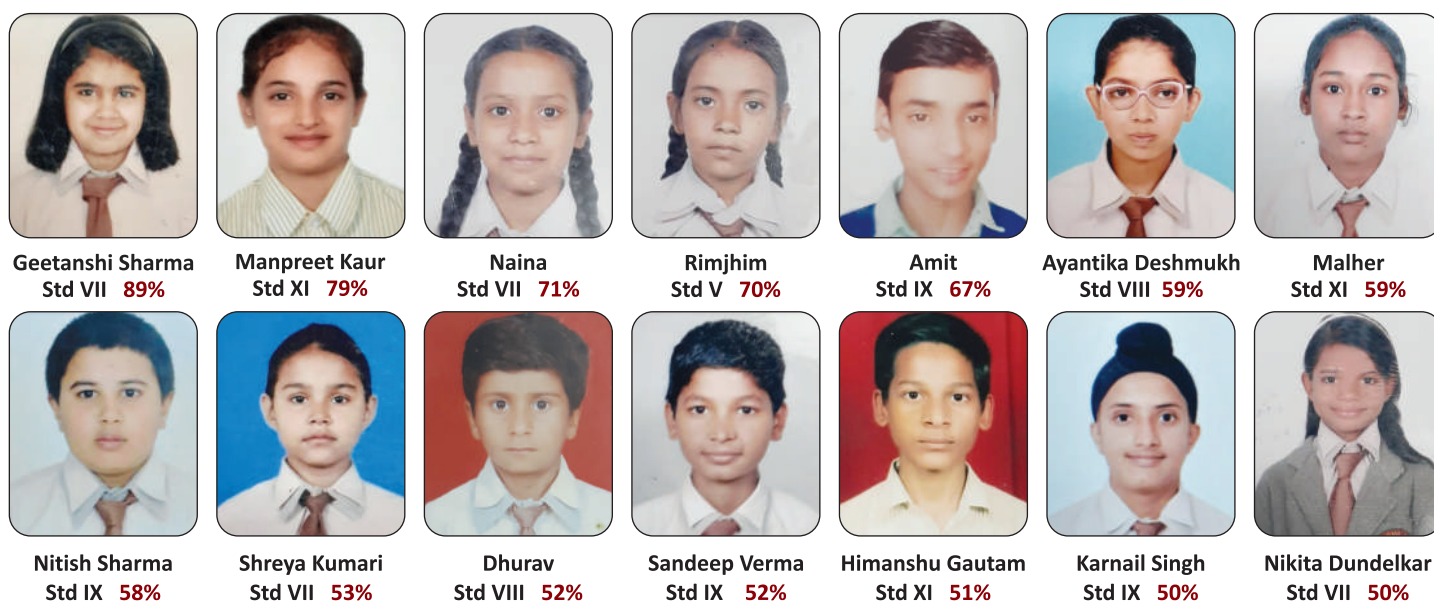
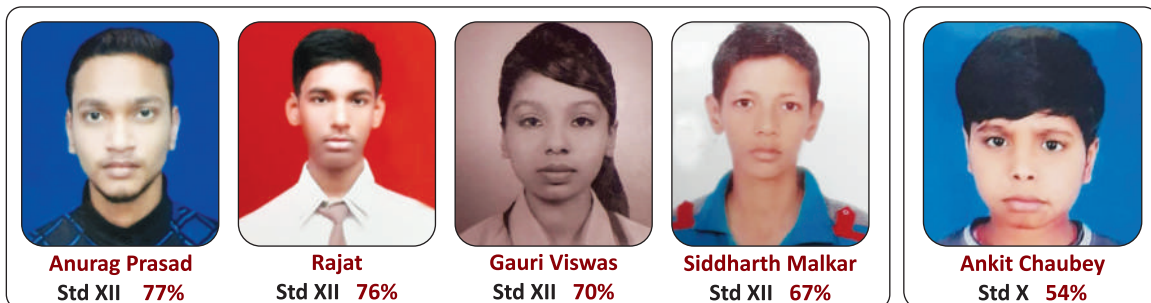


# Shanti Sahyog Annual School Results 2019-20

Deepalaya School conducted their Annual Exam before COVID 19 crises. Result of our sponsored students scoring more than 50% is given below:

## Std XII

## Std X



Our sponsored students studying in the following Schools in New Delhi, where exams could not be held, have been promoted to the next class, as per Dept. of Education directive:

1. DAV Public School
2. Delhi Tamil Education Association
3. Gyan Mandir Public School
4. New Green Field School
5. Modern Savitri Public School
6. New Sun Rise Public School
7. Ram-Krishna Saraswati Vidya Niketan
8. Sant Nirankari Public School
9. Sanatan Dharam Vidya Bhawan
10. Shyama Prasad Vidyalaya Education Society

## Our Play/Pre Schools Result of Students Scoring Grade A

Pre School		Pre School		Pre School	
Opp Sudhar Camp Slum, Kalkaji		DDA Flats Kalkaji		Tughlakabad Village	
UKG	15	NURSERY	22	UKG	14
LKG	12			LKG	18
NURSERY	22			NURSERY	25



# SKILL DEVELOPMENT CENTRES UPDATE

In the 6month period **Jan to June 2020**, a **total of 177 students** were successfully trained in our Centres and awarded Certificates:

## 72 in Computer Application

❖ **NIIT Certificate Course Microsoft Office (CCMO) :**

**30** - Kalkaji (KKJ) Centre; **17** - Tughlakabad (TKD) Village Centre;

❖ **Basic Computer Course: 17** - KKJ Centre;

❖ **Advanced Computer Course: 8** - TKD Village Centre

**53 in Beauty Culture: 27** - KKJ Centre; **26** - TKD Village Centre

**52 in Cutting & Tailoring: 30** - KKJ Centre; **22** - TKD Village Centre



**28 Feb** We thank **Suma Varughese**, former editor, Life Positive, for awarding Certificates to successful NIIT CCMO trainees from KKJ & TKD Village Centres.

*Trainees from our other Vocational Courses were handed their Certificates by their Instructors, because of COVID 19 lockdown no Award Event could be held.*



# FREE LEGAL AWARENESS CAMPS

Under the **TBZ PANKHI Project** being implemented in **Shanti Sahyog Tughlakabad Village Centre for Women**, the above Camps were held on **6, 9, 17 Jan, 1 & 20 Feb 2020**. On an average **30 to 40** women attend each Camp. However, on 1 Feb, around 80 women were present! Our **Advocate, Manju Bala** listened to their problems of domestic violence (mental & physical) and communicated about the counselling sessions and legal recourse available to them at our Centre. **Amrita Sawhney** - our **Counsellor** is always present at the Camp to guide them and record the proceedings.



In **June 2020**, 4 Legal Awareness Camps were organized in our **Centre for Women, DDA Flats, Kalkaji, New Delhi** premises, under the **Azim Prem ji Foundation Project for Domestic Violence Victims**. Due to COVID 19, we were not permitted to hold these Camps in the slums; so we brought the women to our Centre, taking all necessary precautions like maintaining hygiene, sanitization, wearing masks etc. Our **Advocate, Mrs Mamta Varma**, briefed them on how to deal with domestic violence and the legal relief they can count on through our Centre. Our **Counsellor, Mrs Kamlesh Prasad**, recorded the name and contact details of the women present. Juice & Soup packets were distributed to the women. In April & May 2020, because of the lockdown, these Camps could not be organized.



## 29 May & 5 June 2020 COVID 19 SCREENING CAMPS

The Camps were held in **Shanti Sahyog Health Center**, opposite Sudhar Camp Slum, Kalkaji, with due permission of the Superintendent of Police, Kalkaji Police Station, who deputed two policemen to the Camps. **74** slum dwellers were screened by our dentist, **Dr. Neha Kumari** who is also helping in the Delhi Govt. Covid screening camps. All precautions were taken like sanitizing the area, wearing PPE kit, gloves, and maintaining social distancing.





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# MANAS – Tea n Shanti Sahyog

Lt. Col. Balbir Rai Malhotra – *Friend, Philosopher & Guide*

Tagore's axiom: *“Thank the lamp for its light but do not forget the lamp holder”*, defines Late Lt. Col. Malhotra's relationship with Shanti Sahyog. This is because, I must confess, it was **entirely due to Col. Sahib's dogged insistence** that, as a Gandhian scholar – and a struggling Gandhian, it was only befitting that I devote myself to service of the underprivileged, that the **Community Service Wing of Shanti Sahyog** was born in **2004**. I remain forever beholden to him, for thus opening my eyes and broadening my vision. **Under his vigilant guidance**, we **adopted Sudhar Camp Slum**, Kalkaji, and **started our Education for Urban Slums Project** by sending 25 girls from the slum to Deepalaya School. He also ably steered us to approach MCD to lease us their Health Centre, opposite Sudhar Camp Slum, which we did. So, our **Healthcare Project** is his baby too. We have not looked back since then. In the past 18 years Shanti Sahyog has earned a name, won recognition and many awards for serving the marginalised – all because of Col *Sahib*. It is, therefore, in the fitness of things, that **we pay heartfelt tribute to Lt. Col. Malhotra for holding the lamp** to show me – founder of a Gandhian NGO – to realise with Gandhi, that: “Poverty is the worst form of violence” and do my best, to combat it.



**Thank you Col Sahib.**

Prior to 2004, Shanti Sahyog (registered on **30 Sept, 1992** as an All India NGO) had the sole aim of promoting peace. We did this through, inter alia:

*Peace Games Project, Annual Gandhi Quiz, Peace Quest Tours with Scandinavia, Gandhi Clubs in Schools, Workshops in Nonviolent Conflict Resolution and Nonviolent Communication (NVC) Project.* We invited Marshal Rosenberg, founder, NVC, to teach NVC in Delhi.

Born in Lahore, on 29 August 1943, Lt. Col Malhotra did his schooling and B.A. college degree from Chandigarh. On 21 July 1968, he married **Sneh** (Sweetie) – his sweet and competent life partner through thick and thin. They were blessed with 2 sons: **Raghu Malhotra** (MBA, Melbourne Univ.) currently heading *Master Card* Middle East & Africa, based in Dubai. Their younger son, **Vikram Malhotra** (MBA Kellogg Chicago) is a Management Consultant with Price Water House, in San Francisco, USA. At 20 years of age, Lt. Col. Malhotra was commissioned in the Artillery Corps of the Indian Army, at the IMA, and when he was all of 22, he was injured, while fighting for his country in the north east frontier, during war. He spent one year in hospital recuperating and relearning how to walk after permanently injuring both knees and losing mobility in one knee completely. **His zest for life** was such, that not only did he get back to work and rise within the army ranks, but also rode a scooter and subsequently a car overcoming barriers bravely. He opted for premature retirement, to join Bharat Electronics Ltd. and from there he grew in stature in the corporate sector. As time passed, he followed his heart by working in the not-for-profit sector, undertaking projects with the World Bank (for poor women & children) and Arpana Foundation (courtesy - Prince Charles Foundation serving destitute villagers) and of course Shanti Sahyog – where he served as our constant guide and Treasurer. As one who grew up in the Himalayas, he was close to nature. He promoted a holistic life style and sourced organic Himalayan honey. I, personally, remember him fondly, as a great story teller, the perfect host, full of joie de vivre, generous, compassionate, a thorough gentleman, a fine army officer decorated for his courage and valour in war!

**Col Sahib – you continue to be an inspiring beacon of light for Shanti Sahyog!**

*Dr. Suman Khanna Aggarwal, President & Founder, Shanti Sahyog*

# Numerologist



Based in Gurugram, **Sakshi Duggal Kumria** wears many hats! She is not only a renowned **Numerologist**, Life Coach, Counsellor, & **Vastu Consultant**, with **18+ Years of experience** and a vast clientele across the globe, but a committed **Social Worker** as well. She is the **President of Lioness Club Anaya (2015)** - under District 321-A2 since 1993, which works with Youth Development & Women Empowerment, and provides Child Care, Health Services, Disaster Relief and a Home for the aged.



**Sakshi has touched & transformed many lives through both numerology & social work**

To book appointments for Sessions: **FB & You Tube channel – Numerology by Sakshi Duggal Kumria**

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