



Shanti Sahyog

Half Yearly Newsletter

Dedicated to Service of the Underprivileged



Shanti Sahyog PROJECTS

Education for Urban Slums

- Play /Pre Schools
- i. Opposite Sudhar Camp Slum, Kalkaji
- ii. DDA Flats, Kalkaji
- iii. Tughlakabad (TKD) Village
- Primary & Secondary
- Non-formal / Remedial

Health

- Dental Centre**
Opposite Sudhar Camp Slum, Kalkaji
- Homeopathic Clinic**
DDA Flats, Kalkaji
- Free Camps**
Eye, Dental & Cancer
Mammography / Cervical / Oral

Women Empowerment

- Azim Prem Ji Foundation Project:**
Legal Awareness / Counselling /Aid & Rehabilitation through Vocational Training for Domestic Violence Victims
DDA Flats Kalkaji, Centre for Women
- TBZ Project PANKHI**
TKD Village, Centre for Women
- Govt. Social Welfare Schemes

Skill Development Centre Kalkaji & Tughlakabad Village

- Computer Applications
- Cutting & Tailoring
- Beauty Culture
- Nursing Assistant Training

Centre for Nonviolence, India (CFN)

- Webinars on International Initiative #ChooseNonviolentDefence
- Collaboration with Peace Orgs:

World Beyond War & Fields of Peace
Forthcoming Publication:

CFN Int'l Quarterly E- Journal: GLOBAL GANDHI

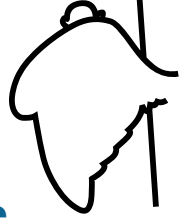
Since 2004

We work in 17 South Delhi Slums
(Kalkaji-Govindpuri Area)

& Since 2017 in Tughlakabad Village

"To lose patience is to lose the battle."

Mahatma Gandhi



Our Vision

For a Just World Free of Poverty & Violence

Our Mission

To help Individuals & Communities break the cycle of poverty that prevents them from reaching their full potential

ANNUAL GENERAL MEETING (AGM)

3 September 2022 Shanti Sahyog 29th AGM was held at our Head Office, DDA Flats, Kalkaji, New Delhi. It began with our Election Officer, Shraddha Upadhyay announcing the **Elections Results** for Shanti Sahyog **Executive Governing Body (EGB) 2022 & 2023**. This was followed by an excellent **Cultural Program** by our beneficiaries enrolled under all our different programmes, which was applauded by all. The President read out the **Annual Report** intermingled with first-hand accounts of our beneficiaries in Education, Skill Development & Women Empowerment. The **AGM Highlight** was the presentation of:



**Shanti Sahyog
Person of the Year
Award
to Shri S N Sapra (Arora)
Treasurer since 2009**



**Shanti Sahyog
Lifetime Achievement
Award
to Mrs N Rishi
Sr. Vice President since
2005**



EGB 2022-23: Left to Right: Dr Suman Khanna Aggarwal, Adv. Swati Saxena, Sanjay Joshi, Sarmila Nandi, N Rishi, Wg Cdr J S Chadda, Suman Chopra, A K Merchant, S N Arora, Dr Bulbul Dhar James, Poonam Gupta

ACKNOWLEDGEMENTS

We thank the following for their support in making **Shanti Sahyog 30th Founder's Day Cultural Event, on 1st Oct. 2022** a huge success:

Suman Kumar, Director, Bluebells School International for giving us the school auditorium to host our Event and her Staff to assist us in all ways;

Vinay Baveja, Proprietor, VIBA Press Pvt. Ltd, for printing our DONOR passes for the Event;

Ashish Gupta, Owner, Bikaner Street, Kalkaji, for providing refreshments;

Sonarika Mahajan, Founder, Humanitive, for sale of DONOR passes for the Event;

M S Agarwal, Partner, Doogar & Associates

Aditya Agarwal, Partner, Aditya V Agarwal & Co.

Neeraj Kapoor, Proprietor, Antara Jewellers:

Gautam Garg, Co-founder & CEO, Trycon Technologies (Scanova) for sponsoring the Event.

Thanks are also due to:



Rotary Club of Delhi Cama Place (Rtn. Vinay Gupta, President 2022-23) for donating a sewing machine for our Kalkaji Centre, Cutting & Tailoring (C&T) Program;

Rotary Club of Delhi Central (Rtn. Sanjay Aggarwal, President 2022-23) for donating 2 sewing machines for our Tughlakabad Centre, C & T Program;

Dabur for donating 400 units of Guava Masala Juice, each unit consisting of 12 pieces each.



Sonarika Mahajan, Founder, Humanitive, for donations through her shopping portal – Humanitive, from **Vedika Sharma, Shubhangani Mahajan, Sanjana Muthreja & Valencia Carvalho** for sanitary napkins, **Umang Jain & Karan Chugh** for shawls for the underprivileged.

Vandana Khaitan, Founder & Managing Trustee, VandeKrishna Foundation, for requesting her friends & family for donations to Shanti Sahyog as her birthday gifts. The donors are: **Renu Modi, Amarjeet Singh & Reena Puri, Gauravjit Singh Suri, Shaurya Sehgal, Payal Gupta, Divya Gupta, Sarika Agarwal & Vijaymaroo**. Inspired by her Guru, Yogi Protoplasm, a disciple of Ramana Maharishi, **Vandana** conducts Meditation workshops globally and has produced 4 films on Vedanta and Science: *MUM – Meditation Ultimate Medication; Who Am I, Search of a Spiritual Scientist & Yogi vs Bhogi*, available on her **YouTube Channel: vandekrisna**. For her workshops **email: vandekrsna@gmail.com**.



Vandana Khaitan
Founder and Managing Trustee
VandeKrsna Foundation



Chandra Sekaran & Lalita Francis, Hope Foundation, based in Mehrauli, for providing free Nursing Assistant's Training, Certification and Placements to a **batch of 15** Domestic Violence Victims.

Benny Kalra, Harpreet Singh, Swati Saxena, Tajender Pal Singh Josen, Sanjay Joshi, Gautam Garg, Dr Abhay Kumar, Gaurav Kumar, Dr. Shyam Aggarwal & Sarmila Nandi for becoming our **Life Members**.

Volunteers: Aastha Mallik, Ruhani Raj Dubey, Tanisha Pathak, Komal Kumari, Vanshika, Rajini Bishnoi & Karthika Viji. **Interns:** Mudit Dhingra, Shivam Bali, Raghav Dua, Shivashish Mukherjee & Rahul Gupta.

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From The President's Desk

Dear Readers,

Shanti Sahyog turned 30 on 30 Sept 2022. A significant milestone; a time for introspection and reflection – and, of course celebration! From 1992 to 2004 – guided by Gandhi's vision of a Nonviolent World Order, Shanti Sahyog promoted his legacy of Nonviolent Conflict Resolution by initiating Gandhi Clubs in Schools, where we taught Gandhian thought through interactive sessions, Peace Games (which are regular board games where everyone wins!), Nonviolent Communication (NVC) - the Giraffe Language. We invited Marshall Rosenberg – Founder of NVC - to Delhi, and arranged his sessions in schools and colleges, as well as with corporates and lay people. I was very fortunate to learn NVC from him in Villars, Switzerland in 1990; my daughter- then a teenager- was with me and became Marshall's 'Indian Daughter'. We also organised Annual Inter-School Debating Competitions, in that period. In 2004, spurred by the desire to 'practice' Gandhian ideology, we started our Community Service Wing by adopting Sudhar Camp slum, in Kalkaji and enrolling 25 slum girls from there, in Deepalaya School.

Today we have come full circle, because our work for peace, which was on the back burner since 2004, until we founded Shanti Sahyog Centre for Peace & Conflict Resolution in 2018 – rechristened as Shanti Sahyog Centre for Nonviolence, India, (CFN) in 2020. Besides celebrating important Gandhian days; eg, Gandhi Jayanti, Oct. 2, 6 April (Salt *Satyagraha* anniversary) etc, CFN has taken the initiative to launch **GLOBAL GANDHI - an international quarterly e-journal**, to translate into reality the belief that it is possible to adopt Mahatma Gandhi's ethical and nonviolent approach, grounded in *satya* and *ahimsa*, to address the issues facing contemporary society. The hope is to create a process of dialogue, with all people of goodwill, coming from diverse nationalities, cultures and religions, to fashion and sustain a world order, founded on truth, built on justice and cemented by love in order to bring about peace, progress and harmony. Thus, **GLOBAL GANDHI** aims to provide an interactive platform, where persons who believe in Gandhian values, can find a voice to offer nonviolent solutions, in a world torn by conflicts and wars. CFN's new venture will surely be a path-breaking endeavour to generate renewed interest for establishing peace on earth at a time when the world is on the brink of World War III. An Editorial Board has been constituted to oversee the production and dissemination of the e-Journal which it is hoped would be made accessible in both English and Hindi. The first edition of the e-Journal is expected to be launched in July 2023. The e-Journal would present an interactive mode peer reviewed articles and pertinent information to address a variety of topics impacting the planet, besides, what is already being done to promote UN SDG16.

I take this opportunity to **warmly welcome our newly constituted Executive Governing Board for 2022-24.** I hope that, we will together, see Shanti Sahyog soar to greater heights in the coming years. To conclude, here's wishing you, our dear Readers, much abundance in all areas of your life in 2023.



Dr. Suman Khanna Aggarwal
President, Shanti Sahyog

Shanti Sahyog Centre for Women DDA Flats, Kalkaji, New Delhi

In the third & final year of the Azim Premji Philanthropy Initiatives (APPI) Project: Legal Awareness/Counseling /Aid /Rehabilitation of Domestic Violence Victims (DVV's) **from July to December 2022** our activities included: **28 Legal Awareness Camps attended by a total of 1026 women**; From these Camps **81** women came to our Centre for Counselling, out of which **10** Cases of Domestic Violence were registered. 23 DVV's were enrolled in our Vocational Trainings for their Rehabilitation. The above statistics are the result of the hard work put in by our Mobilizers who **mobilized a good number of 4278 women** living in our catchment area of 17 South Delhi slums - Kalkaji/Govindpuri area, during this period.

New Initiatives by our APPI Team:

Our partnership with Hope Foundation (HF) Mehrauli resulted in a free 3 months Nursing Assistant Training (Oct to Dec 2023) for our DVV's. A batch of 16 DVV's have completed their theory training and are now being placed in various hospitals for their internship. For instance, Aisha Khan is doing her paid internship @ Rs. 11,500/- monthly, at MAX Hospital Saket, New Delhi. HF management complimented our DVV's for being quick and eager learners!



13 Nov 2022 & 9 Jan 2023 A Team from Migration & Asylum Project (MAP) conducted Paralegal Trainings for our slum beneficiaries – including DVV's & Staff.



23 Nov 2022 Our Pro Bono Adv. Swati Saxena conducted a workshop with teenage boys on, '**Men's Rights Awareness**'. She counselled them on how a patriarchal mind-set can adversely affect their careers and life. Urging them to practice, **Gender Neutrality & Equality**, she talked about the recent horrific Shradha murder case and about



various laws ranging from POCSO and provisions of IPC that are gender biased, and a major cause of growing false accusation culture in our society.

26 Nov 2022 In light of the growing atrocities and crime against women, Adv. Swati Saxena also conducted an interactive session with 25 young women, wherein a short movie, '**DEVI**' was screened to highlight how minorities and women are more vulnerable to crime. **She also brought out** how women can stand in solidarity with each other rather than

pulling one another down. She stressed on the need to be street smart, aware, literate & self-dependent. Both workshops were highly interactive and informative; the participants were eager for more such sessions.

8 Nov 2022 Rhythm Sheel Srivastava, Best Criminal Award 2022 awardee, conducted a very successful interactive legal awareness session on marital rape, family planning, with slum women, making them comfortable enough to come forward, raise their voices and speak for themselves.



United Against Gender based Violence

1 Dec 2022 Shanti Sahyog Centre for Women Team was invited to News X TV Channel, on their program, 'WE WOMEN WANT', for a discussion on Domestic Violence abuse in Urban Slums. The team shared its experience of working with DVV's from a legal perspective & systemic causes of this social evil. Entire Team - NGO President Dr Suman Khanna Aggarwal; Adv. Swati; Shraddha; Anuradha; Priyanka, Saroj & 3 of our very bold DV survivors Somita; Kajal; Nazreen, did a wonderful job speaking with **journalist Priya Sehgal**.

9 Dec 2022 To mark '16 Days of Activism against Gender-Based Violence' (25 Nov - 10 Dec) with targeted events creating awareness on this issue, a Team from the Australian High Commission (AHC) - Tammy de Wright, Acting Dy High Commissioner, Aditi Manohar, Research Officer & Pallavi Nayek, Sr. Program & Research Officer- visited our Centre for Women in Kalkaji, to know about our APPI Project and interact with our DVV's. They were given a warm traditional welcome by our tiny-tots studying in Shanti Sahyog Play/Pre-School, Kalkaji. It was a landmark visit with intense discussions on interventions needed at the community level to combat gender-based violence. The AHC Team keenly interacted and empathised greatly with our DVV beneficiaries, who came out and shared their painful stories of survival with them. We now have a great bond with our catchment area slum community, which is a result of the TRUST we built while implementing the APPI Project since April 2020. Our APPI Team is available 24x7 for DVV's, helping them with legal counseling; registering complaints in the police station; taking them to the Centre for Women Cell & representing them in courts of law.



We have **3 new valuable additions to our APPI Team** **Program Manager, Poonam Gupta** (replacing Shraddha since Nov 2022) **Counsellor Anuradha** (replacing Pallavi since Oct 2022) & **Adv Swati Saxena** providing Pro bono services to the DVV's since June 2022.



Poonam Gupta



Anuradha



Swati Saxena

Skill Development Centres

DDA Flats Kalkaji

11 Nov 2022 CUTTING & TAILORING PROGRAM (C&T) AWARD EVENT

Chief Guest Rtn. **Vinay Gupta**, President -2022-23, Rotary Club of Delhi Cama Place, graced the occasion with his Club Members **Ashi Kapoor & Vinay Mittal** and awarded **Certificates to 30 Trainees**, who presented an elegant catwalk, wearing garments stitched by themselves. His address to the trainees about the do's & don'ts of women entrepreneurship was truly inspiring. Our C&T Program is supported by their Club & SINGER. The three best performers: 1st Prize winner - Khushboo; 2nd Prize -Anjali; 3rd Prize—Sushma Pal, and Fayza—a Domestic Violence Victim, were gifted a sewing machine each, courtesy **Aadya Gupta, Std. XII student** of Modern School, Barakhamba Road, who **raised ₹30,000** through a Crowd Funding Campaign, Sui Shakti, for Sewing Machines. Our President, Dr. Suman K Aggarwal felicitated Aadya for her generous initiative! Wg. Cdr (retd) J S Chadda, our Vice President & Dr. A K Merchant, our Joint Secretary, were also present at the Event.



30 Dec 2022 COMPUTER APPLICATIONS PROGRAM AWARD EVENT

We were honoured to have **Shri Mukesh Goel**, General Secretary of Agarwal Sabha & Member Bharat Vikas Manch, to award Certificates to 28 trainees, who had completed their - Basic, NIIT CCMO & Tally Courses. 1st cash prize of ₹ 1,500 - went to Himani Mehra; 2nd prize of ₹ 1000/- to Yashoda; The cash prizes - which will be given annually - have been instituted by, Shanti Sahyog General Secretary & her husband - Mrs. Suman & Mr. Vinod Chopra in memory of their 44 year old son — VARUN CHOPRA— whom they sadly lost to COVID 19 on 4 May 2021. We thank the Chopras for this thoughtful gesture! Kudos to our very efficient & capable Computer Instructor, Sangeeta Nirmal - who is dearly loved by her colleagues for always being there for them and by her students for her dedicated teaching!



Tughlakabad (TKD) Village

27 March 2022 CUTTING & TAILORING PROGRAM AWARD EVENT

Chief Guest Rtn. Sanjay Aggarwal, President 2022-23, Rotary Club of Delhi Central & his Team: Rtn. Dr. Neelam Sethi, Secretary; Rtn. Vinay Singhal, Treasurer; Rtn. Prem Vohra, In Charge of TKD Village Centre, C&T Program, awarded Certificates to 31 trainees, who had completed their 6-month course. Our President, Dr. Suman K Aggarwal, Sr. VP, Mrs N Rishi, VP, Wg Cdr (retd) Mr J S Chadda, Joint Sec, Dr. A K Merchant & Board Member, Ms Sarmila Nandi welcomed the guests & took them around the Centre. The Trainees presented a catwalk showcasing outfit stitched by themselves, which was heartily applauded by the guests.

Best Performers: 1st Prize: Tamanna, 2nd Prize: Lovely 3rd Prize: Meenu Kumari



30 Dec 2022 The 9th Batch of 31 Computer Application Program Trainees, Shanti Sahyog Skill Development TKD Village Centre, were awarded Certificates by Sh. Sachin Bidhuri, our Chief Guest, on behalf of his wife, Mrs. Sugandha Bidhuri, MCD Elections Winner AAP. 1st Prize: Tarun Bidhuri; 2nd: Sagar, 3rd: Pushpita; Tally-1st Prize: Shahan. Our VP, Wg Cdr (retd) J S Chadda, Board Member, Adv. Swati Saxena, & Manager Programs, Ritu Khurana welcomed the Chief Guest and showed him around the Centre. Kudos to TKD Village Staff, headed by Amrita Sawhney, for successfully organising the Event.



22 Nov 2022 The 6th Batch of 30 trainees from our Skill Development TKD Village Centre, who completed their 6 Month Beauty Culture (BC) Course under Instructor, Anita, were examined by Baby. This Course is funded by Group of Friends Welfare Trust (GoFWT); Rajpal Duggal – President 2022-23. Similarly, the 16th Batch of 25 trainees from our Skill Development Kalkaji Center, who had completed their 6 months BC Course under their Instructors, Jasbir Kaur (from July 2021 to Aug 2022) Deepali Bawa (Sept 2022) & Baby (from Oct 2022 to date) were examined by Mrs Anita.



30 Sept 2022 - Shanti Sahyog 30th Founder's Day

The hindi song, घर-घर अलख जगायेंगे, हम बदलेंगे जमाना translates as, 'We will light up every house, we will change the world', suitably captures our work for the underprivileged through the years:

*निश्चय हमारा, ध्रुव सा अटल है। काया की रग-रग में, निष्ठा का बल है। जागृति शंख बजायेंगे, हम बदलेंगे जमाना।
बदली हैं हमने अपनी दिशाएँ। मंजिल नयी तय करके दिखायें। धरती को स्वर्ग बनायेंगे, हम बदलेंगे जमाना ॥
श्रम से बनायेंगे, माटी को सोना। जीवन बनेगा, उपवन सलोना। मंगल सुमन खिलायेंगे, हम बदलेंगे जमाना।
पीड़ा पतन की, तोड़ेंगे कारा। ममता की निर्मल, बहायेंगे धरा। समता की दीप जलायेंगे, हम बदलेंगे जमाना।*

We celebrated our 30th Founder's Day on 1 Oct 2022, at Bluebells School International with a Cultural Program put up by our Play/Pre School Kids, Vocational Program Trainees, Beneficiaries & Staff. Founded as a Peace Organization in 1992, today Shanti Sahyog has established itself as an enterprising social service organization, highly respected by our many individual, corporate & Govt. donors. **Board Member, Poonam Gupta**, voluntarily took the lead in working out the event modalities. Needless to add that she was ably assisted by our entire Staff! A Display Stall was put up outside the auditorium, to exhibit products made by our Vocational Trainees. It attracted a lot of attention and many guests bought the items on display.

In honour of India's 75th anniversary, the event began with the **National Anthem**, followed by, **Lighting of the Lamp** by our **Guests of Honour**: Amb Anil Trigunayat; Prateek Pathak; Gautam Garg; Dr. Khwaja Iftikhar Ahmed, Rabbi Ezekiel Isaac Malekar, Asif Maqsoud, Rajiv, Sanjay & Nidhi Aggarwal, & Board Members. After that was the Cultural Program. While, **Tughalkabad (TKD) Village Centre presented**: The **Welcome Song – 'Mann Ki Veena Se Gunjit'**, by their Staff, **'Punjabi Gidha'**, by their Beauty Culture Trainees, **Dance Performances on, 'Ye Desh Hai Veer Jawano Ka'**, by their Vocational Training Students, on, **'Teri Mitti Mein Mil Jawa'**, by their C & T Students, & **'Zoobi, Doobi Doo'**, by their Pre Schoolers, **DDA Flats, Kalkaji Centre presented, Dance Performances on, 'Hum Bachchey Hindustan Ke'**, by their Pre Schoolers, and on, **'Wo Kisna Hai'**, by their Computer Application Trainees. **Song, 'Nari Shakti'**, by Monika & Kiran and Group Song, **'Ghar Ghar Alakh Jagayenge'**, by Shanti Sahyog Staff.

Manpreet Kaur, currently enrolled in Guru Teg Bahadur Engineering College, is a star student of Shanti Sahyog Education Sponsorship Program, who secured 92% in her Std XII Board exams, shared her vision & mission in life expressing her gratitude towards Shanti Sahyog for supporting her school education from kindergarten to Std XII, as well as coaching fees for the Junior Engineering Exam (JEE). The Program ended with giving Mementos to our Guests of Honour & a Vote of Thanks by our VP – Wg. Cdr. (retd) J S Chadda.



'Ye Desh Hai Veer Jawano Ka'



Haryanvi Song (Ghungroo tod ke Manegi)



'Wo Kisna Hai'



'Teri Mitti Mein Mil Jawa'



'Award'



'Nail Art Exhibition DDD Flats Kalkaji'



'Ghar Ghar Alakh Jagayenge'



'Man Ki Veena se Gunjit'

NEWS from Shanti Sahyog Play /Pre-Schools

DDA Flats, Kalkaji & TKD Village, New Delhi

29 July 2022 GREEN DAY was enthusiastically celebrated in our TKD Village Pre School. All present were dressed in **green**; the classrooms, were decorated in all hues of **green** balloons. Children were taught the importance of **green** vegetables, fruit & sustainability. Only **green** eatables were permitted in tiffin. **GREEN** was indeed the colour of the day!



13 Aug Independence Day



18 Aug Janmashtami



10 Dec Picnic at Nandan Van



25 Dec X'Mas



10 Sept 2022 Our sponsored school students, aged between 8 to 14 years, took part in a **Painting Competition** to mark **UN World Habitat Day** organized by HUDCO, at HUDCO Art Gallery. **13-year-old Himanshi**, from Sudhar Camp Slum, studying in Delhi Tamil Education Association School was awarded a consolation prize of Rs. 5,000/- by **Hardeep S Puri**, Minister for Housing, Urban Affairs, Petroleum & Natural Gas, at a grand function held at Vigyan Bhawan. She was accompanied by our very dedicated kindergarten teacher Sheela.



Parent Teacher Meetings (PTM's) are a regular feature of both our Pre Schools - DDA Flats Kalkaji & Tuglakabad Village. They are well attended by parents, who are eager to learn about the progress of their ward and very open to suggestions for improving his/her overall functioning.



Providing Livelihood to Underprivileged Women

Our Production Unit Team consists of our trainees who complete their C&T Course and are now earning their livelihood through stitching orders received at Shanti Sahyog. Seen below are Sarita, Shahin, Anuja, Manisha, Lalita, Dimple, Radha, Anjali, Sushma Pal, Rajni headed by Bimla - our C&T Instructor, Kalkaji Centre. Many such trainees also stitch from home and earn.



Boyfriend Shirt & Bed Cover

In Sept, in a reduce wastage & improve sustainability initiative, **Bistara Linen Co.** placed an order for 'Boyfriend Shirts', and a 'Bed-Cover', to be made out of leftover material from linen bed sheets. The material was cut into 7x7 patches stitched into a finely designed checkered-coloured pattern. Thanks to Bistara CEO Aakash and his team--Shivani & Rajlakshmi for trusting us to make these innovative pieces.



200 Cloth bags from Leftover Material

Similarly, in their proactive, 'rags-to-bags' initiative, **Dr. Neena Gulabani, President 2022-23, Rotary Club of New Delhi 1,** placed an order for **200 daily-use handbags** made from leftover material collected from different cloth showrooms like Meena Bazaar, Nalli, etc.



Cushion Covers, Potties & Bags



While **Ritu Prasad from OISCA,** gave us an order for the first two, **Sonarika Mahajan** placed an order for 25 bags to sell on her **shopping portal, Humanitive,** where her buyers pay a small % to non-profits like us.



Shanti Sahyog TKD Village C&T Unit gets orders from the villagers for women & children wear

Courtesy – **Rama Joshi, Instrutor & Amrita Sawhney, Co-ordinator**



Shanti Shayog Health Initiatives

28 Oct & 9 Nov 2022 Free Cancer Detection Camps were organised by Shanti Sahyog, funded by Rotary Club of New Delhi 1, (Dr. Neena Gulabani President 2022-23) 20 women were screened in each camp.



2 to 4 Jan 2023 A 3 days Breast Cancer Awareness cum screening camp was organized in Shanti Sahyog TKD Centre, by NAB India Centre for Blind Women, who work in collaboration with Discovering Hands Germany. 45 women were screened. Gynecologist Dr. Rekha Garg counselled the women about self-detection of breast cancer & its's cure.



25 Dec 2022 Shanti Sahyog at prayer meeting commemorating Late PM Bharat Ratna, Sh. Atal B Vajpayee on his 98th birth anniversary, organised at Sadaiv Atal Sthal, near Rajghat, New Delhi. We were invited by Rajat Chaudhary. It was a memorable experience!



MANAS – Shanti Sahyog

More than a decade ago (in 2012) a casual visit as a Team member of, 'Art of Living' (AOL) Volunteers, for a Tree Plantation drive, brought **Suman Chopra** to plant saplings in Shanti Sahyog Play/Pre School, Kalkaji, which resulted in a life-long association with Shanti Sahyog and its founder, Dr. Suman Khanna Aggarwal. An ardent follower of AOL, deeply concerned with social issues, large-hearted, full of compassion and the firm conviction that human beings should serve and give back to society, she appreciated Suman's dedication to the cause of the underprivileged and so associated with Shanti Sahyog with all her might. Well connected, she started raising funds and networking for the cause. Today she is a vital part of Shanti Sahyog Board as General Secretary.

Born in Amritsar, on 31 March 1948, Suman Chopra completed her graduation and post-graduation from Indraprastha College, Delhi University, and then went on to obtain her Diploma in Journalism from Bhartiya Vidya Bhavan, New Delhi. Being a forward-looking woman and a thinking person, when she found some gaps of information in Indian Railways, she introduced a yearly update on Indian Railways in the form of a, '**Year Book**' in 1983, and continued doing so for the next 4 decades; **the 39th edition** has just been published. Her **Railways Year Book** is considered an encyclopaedia by professionals on Indian Railways.

After this publication, Suman Chopra found another gap in the field of transport when there was a buzz about Metros, so she introduced a quarterly journal on Metros by the name '**Urban Railways**' in 1998, which was quite ahead of its time. Today, it's a monthly journal covering the developments in Urban Mobility, Metros, Railways and Rail Logistics across India. Urban Railways is not only patronized by Indian Railways but Metro Rail Authorities and City Development Authorities as well. As a publisher of Railways Year Book and Urban Railways, Suman Chopra is a well-known thinker and influencer in India's Railway Fraternity; her remarks on developments in railways and urban mobility are looked upon as unbiased, authoritative & authentic. Her organization has participated, as a Media Partner in international and national exhibitions and conferences like IREE & INNOTRANS. Her Railways Year Book has often been released by Minister of State, Railways and other top railway officials.



Since 1973, she is happily married to Shri Vinod Chopra, an electrical engineer, who retired from Indian Oil in a senior position. They are blessed with two sons Vipul & Varun, having successful businesses of their own in the Logistics Sector, and 4 grand-children - Ahaan, Vivaan, Tanvi & Kian, who are studying in the reputed Shri Ram and Modern Schools. Her daughter-in-law, Parul, is working as Editor in DOCTOR NDTV.com. The family faced a big tragedy, when they lost their younger son Varun Chopra, aged 43, to the COVID pandemic. They have now instituted an award in his loving memory for meritorious computer students at Shanti Sahyog.

Suman Chopra has a passion for music, art, theater and culture. An *Arya Samaji*, she is very proud of our Vedic heritage, is keenly interested in spreading it far and wide and regularly attends talks in Arya Samaj Mandir.





Give a Slum Child a Future

www.shantisahyog.org



Mahatma Gandhi's beliefs that: "Poverty is the worst form of violence" & "An ounce of practice is better than a ton of theory", are the driving force behind the Shanti Sahyog Vision: **For a Just World free of Poverty & Violence.**

Our Community Service Wing, started in 2004, provides services - across education, health, skill development, women empowerment, legal aid for domestic violence victims & old age home.

Since it is **through education** and subsequent employment that poor children can **break the cycle of poverty**, our Education Project for Urban Slums/Villages, provides children from 17 South Delhi Slums & Tughlakabad Village access to education, in our Play/Pre Schools and then in Secondary Schools.

However, **we need your help** as there is a **waiting list of over 600 children** keen on going to school!



Education Sponsorship Options: For 1 Child per School Year

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(This includes School Tuition Fees, Uniforms & Transport. The Sponsor will be sent the sponsored student's **Profile** as well his/her **Annual Report Card** & is very welcome to meet the child.)

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