



# Shanti Sahyog

Half Yearly Newsletter  
Dedicated to Service of the Underprivileged



## Our Vision

**For a Just World Free of Poverty & Violence**

## Our Mission

**To help individual & communities break the cycle of poverty that prevents them from reaching their full potential**



“

A SMALL BODY OF DETERMINED SPIRITS  
FIRED BY AN UNQUENCHABLE FAITH IN  
THEIR MISSION CAN ALTER THE COURSE OF  
HISTORY.

”

MAHATMA GANDHI



Dear Readers,

The second pandemic wave, has been catastrophic for India, with an unprecedented rise in cases and fatalities across the country. Let's observe a few minutes of prayerful silence in memory of those in our Shanti Sahyog family, who fell victim to the COVID 19 virus:

- **Abhishek**, our Manager Operations, lost his **Mother** on 2nd May 2021. Though he left for his village at once, sadly he reached the hospital four hours after she passed away.
- Further, on 2nd May, **Dimple** - our Pre School teacher - lost both her Grandma (**Nani**) and Maternal Uncle (**Mama ji**) the same day.
- **Rtn Vinay Mittal** - our ardent supporter - lost his 37-year-old **son Saurabh**.
- Our Life Member, **Prof MM Verma**, passed away on 13th May instant.
- **Suman Chopra**, our General Secretary, lost her 44 -year-old-**son - Varun** on 4th May 2021.
- **Rtn Neeraj Kapur's** father - **Shri KK Kapur** -on 14th May instant - though not due to COVID.

Others tested positive but thankfully recovered.

**Dear Shanti Sahyog Bereaved Families**

Our heartfelt condolences and prayers are with you in your time of grief.

The pandemic has made our Team **value happy times spent together**. As such, I wanted to share some good news amidst the encircling current pandemic gloom! It all started with the idea that our first digital newsletter carry a photo of all the Staff on page 1. So we went ahead with this idea and clubbed the day of the photo shoot - **19th June** instant - with **celebrating birthdays of the entire Staff**. Due to the pandemic, we have not celebrated Staff birthdays since April 2020 - as we used to do, after our monthly Staff meetings. **Thank you Avinash** for making delicious **mithe chawal** (sweet rice) for desert & **thank you - Dimple** - for the **rasagullas** which completed the treat. After lunch, we had great fun playing **antakshri**. On **26th June** instant, **Priyanka** hosted a lunch for the Staff to **celebrate her daughter-Shivani's wedding**. We enjoyed the tasty **thali** lunch and shared recent happenings in our lives! On **29th June** instant **Deepali** hosted a **high tea farewell**. She is leaving us to take care of her parents-in-law. All of us dug into Deepali's treat of yummy **gol gappas, dhokla, chowmein & mouth-watering jalebis** to top it all!

A big thank you to **Priyanka & Deepali** for these enjoyable moments of togetherness which are the stuff that memories are made of. 2 more parties are in the offing!

**Some more good news:** Team Shanti Sahyog have another feather in their cap - an **Award**, given by SATYA MicroCapital Ltd on **International Women's Day** - 8 March 2021. As usual, I accepted the Award on behalf of my Team



I am grateful to the following institutes for inviting me to conduct webinars for their students & Staff:

- 13 Jan : **Dorai Foundation**, Mumbai;  
Moderator - Ritika Goenka
- 17 Jan : **Gandhi King Foundation**, Hyderabad  
Founder Prof. Prasad Gollanapalli
- 18 Jan : **180 Degrees Consultancy**, Hansraj College, DU
- 28 May : **UPES** - University of Petroleum and Energy Studies, Dehradun, Uttarakhand

**STAY SAFE & HEALTHY**

*S Khanna*

**Dr. Suman Khanna Aggarwal**  
President & Founder

## Our Projects

### Education for Urban Slums

- **Play /Pre Schools**

- I. Opposite Sudhar Camp Slum, Kalkaji
- ii. DDA Flats, Kalkaji
- iii. Tughlakabad (TKD) Village

- **Primary & Secondary**

- **Adult Non-formal & Remedial**

### Healthcare

- **Dental Centre**

Opposite Sudhar Camp Slum, Kalkaji

- **Homeopathic Clinic**

DDA Flats, Kalkaji

- **Free Camps**

Eye, Dental & Cancer

Mammography / Cervical / Oral

### Women Empowerment

- **Azim Prem Ji Foundation Project:**

Legal Awareness / Counselling /Aid & Rehabilitation through Vocational Training for Domestic Violence Victims Centre for Women, DDA Flats Kalkaji

- **TBZ Project PANKHI**

Centre for Women, TKD Village

- **Govt. Social Welfare Schemes**

### Skill Development Centres Kalkaji & Tughlakabad Village

- Computer Application
- Cutting & Tailoring
- Beauty Culture

### Haven for Elderly

Sangam Vihar, New Delhi

### Centre for Nonviolence

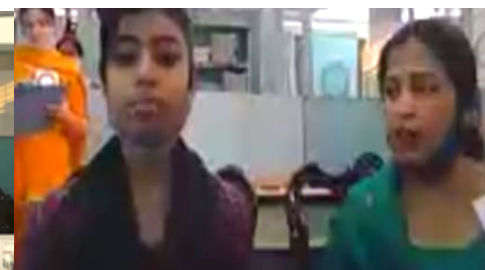
- **Azim Prem Ji University Project**

Bringing Gandhi to Women & Children

- Gandhi Clubs in Schools
- International Initiative
- #ChooseNonviolentDefence



Due to the COVID 19 pandemic, Shanti Sahyog 27th AGM was held **virtually on Saturday, 27 Feb 2021, 11.30 a.m. at Shanti Sahyog Head Office, DDA Flats, Kalkaji, New Delhi.** Our President, Dr. Suman K Aggarwal, Sr. VP, Mrs N Rishi, VP, Mr S M Sethi, AGM Election Officer, Mrs Neeru Mehra were physically present as hosts, along with a skeleton Staff, maintaining due COVID 19 protocol. Our VP began the Meeting by warmly welcoming the Members, followed by the President presenting the Minutes of the last AGM which were ratified by the Members. After this, **Mrs Mehra announced the election results of the Shanti Sahyog Executive Body for the years 2021 & 2022.** Dr. Aggarwal then presented the **Annual Report interspersed with first-hand accounts of the beneficiaries** of our Projects in Education, Vocational Training & Women Empowerment. Their success stories – especially by domestic violence survivors – were highly appreciated, as they gave our Members an insight into the work being done. Dr. Aggarwal also reported on the successful implementation of our new project: **Bringing Gandhi to Women & Children**, showcasing posters of Gandhi's Dandi March made by the talented participants. **Shanti Sahyog impacted a total of 3706 lives in 2019-20.** The President shared the future plans of the Society, inter alia, construction of, **Shanti Sahyog Haven for Elderly**, in Sangam Vihar, for which we have purchased 500 sq yds of land. Our VP proposed the vote of thanks after which the Meeting was adjourned by the President.



We thank the following for their support



A Navratna Company

**Engineers India Ltd.** for donating 108 packets of delicious rewri, gajak, etc on Lohri festival - 13 Jan - distributed by EIL Staff - Sandhya Bisht & Biva Kusum Ekka to our Students.



**WhiteHat Jr.**, Delhi NCR Group, for Ration Packets (wheat, rice, pulses etc.) to our beneficiaries during lockdown. **Thankyou Vasudha Pandey** for taking the Initiative.



**Group of Friends Welfare Trust** (President **Ajay Amar**) for: Funding (1) Infrastructure, (2) O & M Costs of Beauty Culture Training Program, Shanti Sahyog Tughlakabad Village Centre, New Delhi. (3) Regular Distribution of Sanitary Pads during our Legal Awareness Sessions for Women. (Courtesy **GoFWT Members** Aditi Sharma, Ritu Maira & Harish Seth.)



**Adroit Financial Services Pvt. Ltd.** for Education Sponsorship of 5 Slum Children for 3 Years. **Thankyou Suchitra Singh** for facilitating this.

**Satindar Cheema, Tejas Dutta & Drs. Renu & Ashok Kumar** for Education Sponsorship of One Slum Child each.



**Students of 180 Degrees Consulting Hindu College, DU** for Fund Raiser on MILAAP & Rock Show.



**SKB Builders India Ltd. (Vinay Mittal Ji)** for Continued Annual Donation.



**Right & Remedy Law Firm**  
Advocate Yash Arya, Karan Kumar & Lokesh Baimad for their Legal Services



**Rotary Club of Delhi Cama Place & SINGER** for supporting our Cutting & Tailoring Centre, DDA Flats Kalkaji, New Delhi.

**Rotary Club of Delhi Central & SINGER** for supporting our Cutting & Tailoring Centre, Tughlakabad Village, New Delhi & 100 Packets of AYUSH KWATH Immunity Tablets. (Courtesy **Dr. Harvinder Singh Popli**)



**State Bank of India** for:

- 25 Used Computers on SBI Bank Day
- T-shirts, Caps & Bags to Deepalaya School Students.

**Thankyou Sh Vijay Pal** ji for facilitating this.



**SBI CGM Sh. Vijay Ronjan, GM Sh. Abhay Singh, Sh. Sunil Chawla & Sh. Vijay Pal** handing over the Computers to **Dr. Suman Khanna Aggarwal**

**Impactful Gifting options for the Change Makers**



**Sonarika Mahajan** for her clients' donations through her online shopping portal, Humanitive: **Rashi Shah** for Beauty Services starter kit, **Rashmi Mahajan** for a sponsorship for Beauty Culture Course; **Angela Cecelia, Jasdeep Singh, Baby Jaeden** and the entire team of **Global Parachem LLP** for sponsoring Sanitary Napkins to underprivileged women.



**SAKSHI DUGGAL KUMARIA** for her Education Sponsorship of 1 slum child's school fees. Sakshi is a renowned Numerologist, Life Coach, counsellor, Vastu Consultant & an active social worker based in Gurgaon. Daughter of famous numerologist Rita Duggal, she was nominated, 'Best Numerologist' at Women's Conclave & Awards 2020', Sakshi is an established numerologist in her own right since 19 years with an ever-increasing clientele globally. As the youngest President of Lioness Club Anaya (District 321 A2), she has been passionately serving the underprivileged through the Club. Her mission in life is: *Sewa Samarpan*. She has adopted numerous slums, schools and old age homes.

Learn more about her at

[www.sakshiduggalkumria.com](http://www.sakshiduggalkumria.com)



#### Flagship Showroom

D-9, Defence Colony, New Delhi-110024.  
Ph +91-11-4709 5522, M +91-9313114247  
Email: [atuljewellers@gmail.com](mailto:atuljewellers@gmail.com)  
FB: [atuljewellersindia](https://www.facebook.com/atuljewellersindia)  
[www.atuljewellers.com](http://www.atuljewellers.com)



**ATUL JAIN** Business Head, Atul Jewellers & Almas Jewels Pvt Ltd.

**Atul Jain's** illustrious career in the glamorous field of GEMS & JEWELLERY spans **three decades**. He is a **pioneer**; founder of the first Diamond Grading & Certification Laboratory of North India - DGSL - in collaboration with the premier institute of diamond research and training of India, IDI, Surat, Gujarat. He has been honoured with **many Awards**; to name a few:

- Millennium Diamond Award by DTC, London
- Pearls de Tahiti Award by French Polynesia
- GJEPC Top Student Award

As **Director of the Indian Institute of Gems & Jewellery, Delhi**, he initiated the setting up a world class Jewellery Design & Manufacturing Training Institute and bringing the GIA Education Facility to Delh, which trains new talent to nurture the jewellery industry. An **avid collector** of gems, minerals & ntiquities - garnered in his travels across the world - his passion is to set up a **Museum of Jewellery**, to house his exclusive & extensive collection. His leadership & networking skills led him to **set up a very successful chapter of BNI Delhi - ATHENA**. His **impeccable credibility** has resulted in an ever-increasing, loyal clientele.

A staunch **family man**, he is **renowned for his social-work initiatives** which include: **Support for Shanti Sahyog Education Project**; regular contribution to **Srinidhi Foundation** for GIG contractual & daily wage labourers; empowering women entrepreneurs & budding designers, encouraging traditional art forms in jewellery and his, '**Corona Action Plan**' wherein he has distributed lacs of masks to labourers employees and factory workers during lockdowns, and helped small vendors survive.





“ Judge a Country by the Place it gives to its Women. ”

Mahatma Gandhi

**A Milestone:** On 31 March 2021, we completed one year of providing: Legal Awareness/Counseling/Aid & Rehabilitation to Domestic Violence Victims (DVV) living in our catchment area of 17 slums around our Centre for Women, in Kalkaji, supported by Azim Prem ji Philanthropic Initiatives (APPI). Our most significant achievement of last year, can be expressed in one key word: **TRUST**, which we have been able to build with the DVV's. This is evident from the continuing overwhelming response from our slum community. Initially, there was a lot of hesitancy, apprehension and skepticism amongst the DVV's to discuss their domestic violence issues with our Mobilizer, Counsellor and Advocate during our weekly Legal Awareness Camps (LAC). Along with doubting our intention to help them, the DVVs feared further victimization, if their perpetrators would come to know of their complaints against them. But through our reassurance, they mustered the courage to speak their truth to power, and avail legal help, from our Centre. **The DVV's are now empowered enough to Dial 100 to bring the police to their doorstep & file a FIR or resort to legal action.**



Having become conscious of their legal rights, they have overcome the feeling of victimhood, and now seek equality with their husbands and in-laws and display a strong will to take control of and remake their lives productively. Thus, the DVV's **willingly and freely shared their tragic stories with Hatib from APPI, who visited our Centre on 26 Feb 2021**, answering all his queries unhesitatingly. Further, they were bold enough to **recount their stories** and encourage other women to speak out against domestic violence and injustice, at our well-attended International Women Day Event on 8 March 2021.

**Moving on to the 2nd year of our project starting 1 April** instant to date, **362 women have been mobilized**, our weekly LAC were attended by **56 beneficiaries in April and 91 in June** and we **registered and counselled 49 cases of DV**. Though no LAC were held during the lockdown from 19 April to 6 June 2021, our Counsellor conducted **5 counseling sessions online**.



Ritu



Pallavi



Priyanka



## Victim to Victorious

Pooja, Tarannum & Nazbeen are a few names from the list of many such victorious survivors who fought their way to freedom from being a domestic violence victim, under our APPI Project. Out of **902 women** who attended the **41 Legal Awareness Camps** organized in F/Y 2020-21, we gave Vocational Training to **200** and **rehabilitated 124** brave souls who have now stepped into leading self-dependent fearless lives.

No matter the size of this number, it is a big achievement for us to impact even a single life. When we reached out to these girls, we were happy to note their positive state of mind full of big plans & dreams of the future.

They are still coping with their traumatic pasts and so did not agree to be published on this platform but were glad to hear from us & exchange a flame of trust which glows brighter with every passing moment!

The journey of outreach doesn't end here. As our vision clearly states:

*A world free from poverty & violence*

and that world is being created with manifold communities and with many such souls.

We thank our

**Community Mobilizer : Priyanka Sharma**  
**Counsellor : Pallavi Barua &**  
**Program Manager : Ritu Khurana**

who are helping **BIG-TIME** in making our vision come true!



“

*I raise up my voice - not so that I can shout,  
but so that those without a voice can be heard. ...  
We cannot all succeed when half of us are held back.* ”

Malala Yousafzai



We are happy to report that TBZ not only renewed our Project for another year in Nov 2020, but also provided additional funding in March 2021 to rehabilitate 50 DVV's annually through Vocational Training. From **Jan to June 2021, we have conducted 39 Outreach Sessions, benefitting 882 women. Total No. of Registered Cases: 10; Unregistered Cases 31.** Kudos to our Counsellor - Amrita Sawhney, Advocate - Manju Bala & Community Outreach Agent - Nisha for successfully implementing PANKHI.



Since November 2019, Shanti Sahyog Centre for Women, TKD Village, is partnering with Tribhovandas Bhimji Zaveri Ltd. (TBZ) flagship CSR Project PANKHI, to help Domestic Violence Victims (DVV) through Counselling, Legal Aid & Outreach Activities which include:

- **Legal Awareness Camps** to educate women of their legal rights;
- **Capacity Development** of women with leadership qualities, to guide DVV's to our Centre to seek aid;
- **Providing temporary shelter** to DVV's through women organizations;
- **Conducting premarital workshops & Training in Self-Defence;**
- To facilitate reporting of gender-based violence cases through a **Central Helpline Service;**
- **To organise webinars** for NGO's, Corporates, Women's Organizations, University students, etc on domestic violence/abuse and info about TBZ Project PANKHI.



**Call Helpline 8767000 000**



Amrita Sawhney

Nisha Yadav



## Our Sr. Secondary School Students

### Standard X



DIYA SAHU



SONIYA



KARNAIL SINGH

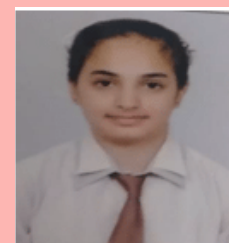


GAYATRI

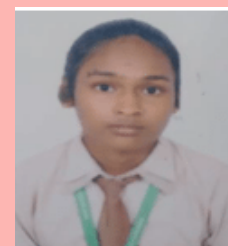
### Standard XII



DIKSHA



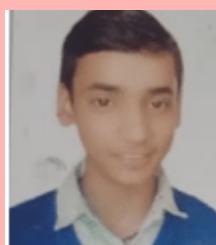
MANPRETT KAUR



MALHER



HIMANSHU



AMIT KUMAR



NITISH SHARMA

“ LITERACY IN ITSELF  
IS NO EDUCATION

IF WE ARE TO TEACH  
REAL PEACE IN THIS  
WORLD, AND IF WE  
ARE TO CARRY ON A  
REAL WAR AGAINST  
WAR, WE SHALL  
HAVE TO BEGIN  
WITH THE  
CHILDREN. ”

MAHATMA GANDHI

**Currently, Shanti Sahyog is sponsoring 175 students from Std. I to XII, studying in the Delhi Schools listed below. Govt. cancelled Std. X & XII CBSE Board Exams due to COVID 19. Students will be graded on the basis of internal assessment; their results are awaited. All our other students have been promoted to the next Class. Classes were held online.**

- Deepalaya School
- DAV Public School
- Delhi Tamil Education Association
- Gyan Mandir Public School
- New Green Field School
- Modern Savitri Public School
- New Sunrise Public School
- Ram - Krishna Saraswati Vidya Niketan
- Sant Nirankari Public School
- Sanatan Dharam Vidya Bhawan
- Shyam Prasad Vidyalaya Educational Society



## Providing Livelihood, Building Self Confidence/Esteem

### Shanti Sahyog

#### ADVISORY BOARD

**D R Karthikeyan**  
President, Foundation for Peace, Harmony & Good Governance; Former Special Director CBI

**Suman Kumar**  
Principal, Bluebells School International

**Roger Hayes, PhD**  
Lecturer, Greenwich University Business School, UK; Honorary Adviser, FICCI, UK

**Kusum Ansal, PhD**  
Creative Writer, Educationist

**Kavita Sharma, PhD**  
President, South Asian University, New Delhi

**Subha Rajan**  
Senior Fellow  
The Imagindia Institute

**S D Saxena**  
Former Director Finance  
BSNL

#### EXECUTIVE BODY

##### Office Bearers

**Founder President / Editor**  
**Suman Khanna Aggarwal, PhD**  
Former Associate Professor of Philosophy  
University of Delhi  
Gandhian Scholar

**Sr Vice President**  
**Naginder Rishi**  
Former Senior General Manager  
INDIA TODAY GROUP

**Vice President**  
**Sudhir Mohan Sethi**  
Deputy Director General NCC (retd)

**General Secretary**  
**Suman Chopra**  
Editor & Publisher, Urban Railways  
Railways Year Book

**Treasurer**  
**Som Nath Arora**  
Entrepreneur

#### Members

**Fr T K John, PhD**  
Former Dean, Vidya Jyoti

**A K Merchant, PhD**  
Chairperson, Sarvodaya International Trust  
Trustee, Lotus Temple

**S K Kodasi**  
Former Director, T-Series

**Gauri Raheja**  
Home Maker

**P V Raghu**  
Assistant Director, AIMA, New Delhi

**Shashi Sondhi**  
Home Maker

**Sharmila Abraham**  
Former V P, SAGE Publications

### CONGRATULATIONS to our TRAINEES who qualified their Courses KUDOS to our INSTRUCTORS for their painstaking efforts



Hema Malhotra

**Beauty Culture Program**  
6-months Course:  
3rd Batch of 12 students  
**5 Jan 2021**

Instructor: Hema Malhotra  
Examiner: Deepali Bawa



**3-months NIIT Computer Application Course**  
3rd Batch of 12 students  
NIIT Examiner: Deepak Nain  
Instructor: Chanchal



**Basic Computer Application**  
6 Months Course,  
3rd Batch of 12 students  
**7 Jan 2021**

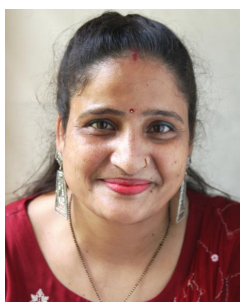
Instructor: Chanchal  
Examiner: Ritu Khurana



Chanchal



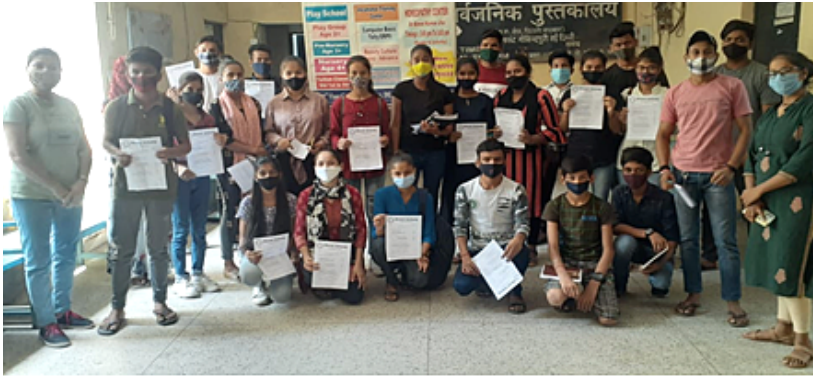
**SINGER Cutting & Tailoring**  
6 months course  
5th Batch of 28 trainees  
**6 April 2021**  
Instructor: Jyoti Shrivastava  
Examiner: Daya Vats from SINGER



Rama Joshi



“ GIVE A PERSON a fish and you feed him for a day.  
Teach him how to fish and you feed him for a life time. ”



### Basic Computer Application Course

**19 April 2021** - 15th Batch of 30 students; Tally Course: 9 students. Examiner: Chanchal, Instructor: Poonam



### 3-months NIIT Computer Application Course

**22 Feb 2021** - 6th Batch of 15 trainees NIIT  
Examiner: Deepak Nain; Instructor: Poonam



Poonam

### Beauty Culture Theory & Practical 6-month Course

**Jan 2021**  
12th Batch of 12  
students

**April 2021**  
13th Batch of 13  
students

**Examiner:**  
Savita Arora  
**Instructor:**  
Deepali Bawa



Bimla



Deepali



Savita  
Arora



## Dr. Prakash Chander Khanduja – Our Dr. Sahib!



by Dr. Suman Khanna Aggarwal

Dr. Sahib and Shanti Sahyog share their birthday - 30th September. No wonder then there is an amazing bond between the two, since 2nd April 2007, when Dr. Sahib joined our Health Centre, as our physician cum pediatrician. Born in 1937 in a small village Ragin, Pakistan, to Maya Devi & Ganga Ram, a khetizamindaar, Dr. Sahib trudged 3 km daily to attend primary school in the nearest town Phaalia, Gujarat, where the medium of instruction was Urdu. So, when his family relocated to Bilaspur, India, during partition, on 12th August 1947, he had to learn Hindi before joining School here. However, he reminiscences, his teachers were very pleased with him, as he was the only boy in his class fluent in English! He has nostalgic childhood memories of their haveli in Pakistan, surrounded by fields of seasonal vegetables, sugar cane and fruit – melons, watermelons and mangoes. They owned cows and buffalos and so enjoyed an abundance of milk, butter, butter-milk and ghee. But he had not seen a car until he came to India!

Being one of the 5 top scorers in his School Intermediate Exams, he was awarded a scholarship for his MBBS

studies in Jabalpur Medical College. After MBBS, on 16 July 1964, he enrolled for Diploma Child Health in Maulana Azad Medical College Delhi. On his first night duty here, he was catapulted to fame when he expertly started 30 dehydrated children on drips in a few minutes, using steel needles available at that time - small scalp vein needles were invented later. The next day Dr. Shanti Ghosh complimented him on his, “very nimble fingers”. His reputation grew so much, that he was invited by PM Indira Gandhi to take 9-month-old Rahul Gandhi's blood sample, as he was a very chubby baby and his veins were not visible. Though very nervous, Dr. Sahib impressed Sonia Gandhi, by taking the blood sample in one prick! Dr. Sahib says he is indebted to Dr. P N Taneja, because he learnt a lot from him as his assistant.

He joined Banaras Hindu University in Jan 1969 as a lecturer, but soon resigned because of, “too much politics”. He returned to Delhi to start his own private practice, and later joined Mool Chand hospital as Senior Hon Consultant in July 1976, working there for a quarter of

a century – till 2001. While at Mool Chand, he also volunteered twice a week in mobile creche NGO, providing medical services in JJ colonies in Janakpuri, Seemapuri and migrant labour construction camps. He vividly remembers seeing 5 star hotels – Taj Palace & Maurya – being built in the vicinity of the Camps.

Dr. Sahib's compassion, dedication, work-ethics, hard work, honesty, generosity and not craving materialistic returns are exemplary. Like Mool Chand hospital Staff, Shanti Sahyog Staff was also sad to see him retire. It is Dr. Sahib's zeal to serve and untiring efforts that have made our Health Centre a big success. For almost a decade, he provided his services 6 days a week – rain or shine, attending to over 5,000/- patients annually. Besides his work ethics, his extraordinary sense of humour and expertise in Urdu shayari, endeared him to us. It is with great pride, he has been chosen for,

### Person of the Year Award 2021-22!

We wish him a long and healthy life, with Kamla ji – his very supportive wife, surrounded with love and affection from his 2 daughters, Rita and Anju, son Anuj, 5 grand-children and extended Shanti Sahyog family! On a personal note, I deeply cherish my association with him. He continues to make me laugh and pampers me by sending occasional gifts of select vegetables and fruit.

Dr. Sahib,

हम बुरे थे या भले थे  
पर इतना तो फ़क्र रहेगा  
हमें,  
की जिंदगी के कुछ कदम  
हम  
आपके साथ चले थे |

Due to the current pandemic lockdown 2021, our Award Event was deferred to June and was conducted at DDA Flats, Kalkaji, over Zoom call. Certificates were awarded to trainees of our Cutting & Tailoring Program, supported by Rotary Club of Delhi Cama Place, District 3011 & SINGER. We were honoured to have **District Governor Sanjeev Rai Mehra** as our **Chief Guest**. His wife **Rtn Rita Mehra**, President Elect **Rtn Rajnish Virmani**, his wife **Rtn Kavita Virmani**, Past Presidents **Rtn Neeraj Kapur**, his wife **Ashi Kapur**, **Rtn Vinay Mittal** and other Club Members also graced the occasion. Out of the 30 students who had qualified, 20 were present, as the others have gone to their native villages in the lockdown. The trainees presented a catwalk displaying outfits stitched by them, greatly appreciated by all. The 1st prize went to, **Pooja Kumari**; the 2nd Prize to **Shahin** & 3rd Prize to **Pallavi Sharma**.



**Mrs Benny Kalra** - a great Shanti Sahyog supporter, a musician and music teacher running her own music school graciously did the honors. She also added quality to the Event by taking the lead to sing a victory song with all present. **Our President, Dr. Suman Khanna Aggarwal**, began the Event by requesting all present to stand and observe a minute of prayerful silence in memory of all those we lost from the Shanti Sahyog family, in the catastrophic second wave of the pandemic. We thank **Rtn Rajnish Virmani** for his spontaneous offer of upgrading our Centre infrastructure & our **Chief Guest - DG Sanjiv Rai Mehra** for promising to visit and support our Centre.



Chief Guest - DG Sanjiv Rai Mehra



On our Treasurer - **Shri S N Arora ji's** initiative, we chose our **Haven for Elderly**, in Sangam Vihar, as the **venue for our International Women's Day Celebrations this year on 8 March instant**. Our President, **Dr. Suman Khanna Aggarwal**, warmly welcomed the participants and introduced physically challenged, award winning athlete **Swarna Raj** before requesting her to inaugurate the Event. **Kavita Agrahari** - International Weight Lifter, **Megha Khareta** - Commonwealth Games Medalist, **Dr. Namita Gupta** - from Batra Hospital, **Momna Begum**, **Inspector Bhagel** and **Advocate Manoj Kumar Khanna** also addressed the audience - majority of whom were women. **Ritu Khurana** - our Manager Programs announced the names of Shanti Sahyog Staff - **Amrita, Bimla & Deepali** and Domestic Violence Survivors - **Pooja, Tarannum & Nazbeen** - from Shanti Sahyog APPI Project who were honoured with Momentos at the Event. 20 more women from different walks of life were also honoured.

All **domestic violence survivors touchingly narrated their success stories** of how they had courageously surmounted their tragic circumstance from being victims to becoming survivors. Their stories of struggle from which they emerged empowered, confident and free, motivated the women present at the Event, to come out and deal with their problems.

**50 poor women were given hampers**, each containing a saree, ration and household items of daily use - as a gesture that they are cared for. Courtesy: **Mrs. Anju Malhotra**. **Group of Friends Welfare Trust** distributed sanitary pad packets through **Aditi Sharma**, to all the women. **Lunch was served to 300 persons** at the Event. **Pandey ji** supervised this.

The event was a great success entirely due to **Shri Som Nath Arora Ji's** excellent organizational & administrative skills. His attention to each & every detail is unique.

**Shri Arora ji** periodically distributes cooked meals and dry food ration on behalf of Team Shanti Sahyog at our Haven for Elderly. We applaud his efforts in taking the lead in getting donations in cash and kind for this.



“The best way to find yourself is to lose yourself in the service of others”  
Mahatma Gandhi



Dear Friends

Greetings from Shanti Sahyog!

I hope you and your loved ones are well and safe, in these unprecedented times. Since 2004, Team Shanti Sahyog Team (presently 42 dedicated souls) is serving the underprivileged in 17 South Delhi slums (Kalkaji/Govindpuri area) & Tughlakabad Village, New Delhi, in the areas of education, health care, skill development, and women empowerment.

As with the rest of the world, our work, our team and the communities that we serve, have suffered from the impact of the COVID 19 virus on multiple levels. Though we have pivoted our efforts to continuing our projects and providing humanitarian relief to the most vulnerable, this has meant that our resources are completely stretched. Several of our regular donors - Corporates, PSU's, Govt. & Individuals, have also been unable to fund our projects since the past two F/Y 's, because of the pandemic.

With our rapidly depleting reserves, it is difficult to sustain our projects in education, skill development & women empowerment; which is why, we are looking for new sources of support to keep our team and projects afloat. Many Members of our Team, are themselves brave women survivors and are often the sole support of their families.

It is in this context that we are triggered to reach out to you. Your consideration of supporting us in this time of crisis would be very significant. A one-time, or sustained support - whatever would be possible for you is welcome.

We welcome you to learn more about our work through our website, and are on standby to provide any additional documentation or details that you would like. We have been embedded in the slum communities for over two decades and are in the best position to understand and respond to their needs. Our transparency and commitment are our pride and we have been recognized for it by peers and the profile of our support network.

For Indian Nationals & NRI's who file their ITR's in India, we have 80 G Certificate (for Tax Exemption) which is provided along with the receipt of the donation.

For PIO's, Foreign Donors & NRI's who send a donation in foreign currency (\$ / £ / €) we have the FCRA Certification in place. So you need to use our FCRA Account given below:

## Bank Details

### ACCOUNT DETAILS for Indian Nationals / NRI's paying in INR: (₹)

BENEFICIARY NAME : SHANTI SAHYOG  
ACCOUNT NO. : 04821000001387  
BANK : HDFC BANK LTD.  
BRANCH ADDRESS : 14, ANAND LOK,  
NEW DELHI-110049  
BRANCH CODE : 0482  
RTGS/NEFT IFSC : HDFC0000482

### FCRA ACCOUNT DETAILS for PIO's, Foreign Donors & NRI's paying in foreign currency (\$ / £ / €)

BENEFICIARY NAME : SHANTI SAHYOG  
A/C NO : 40102360517  
BRANCH CODE : 00691  
BANK : STATE BANK OF INDIA  
IFSC : SBIN000691  
SWIFT : SBININBB104  
ADDRESS : FCRA CELL, 4TH FLOOR,  
STATE BANK OF INDIA,  
11, SANSAD MARG,  
NEW DELHI-110001

Hoping for your support and thanking you for this effort of approaching friends and family to help Shanti Sahyog in this pandemic! Stay safe and well.

Suman Khanna Aggarwal Ph.D.  
Founder & President  
Email: president@shantisahyog.org  
Website: www.shantisahyog.org

# Centre for Nonviolence (CFN)



We envision a world where individuals, communities and nations are ruled by kindness, compassion and trust. A world where all humans strive towards unconditional love and nonviolence in every aspect of their lives, through mindful, conscious living.

Our Centre invites like-minded persons to join our Team, so we can together work to empower communities and nation states, to adopt the Political Legitimization of Nonviolent Conflict Resolution as the norm - ultimately resulting in the realisation of our Vision: A WORLD BEYOND VIOLENCE & WAR. Presently, all of us, adults, living in democracies have Politically Legitimized Violent Conflict Resolution; i.e., **WAR; & the Global Military Expenditure is: USD 3 million + per minute.**

We invite you to use our platform to suggest as well as enlist in our various programs, projects, workshops, drives, engaging activities and an online education forum to **GIVE NONVIOLENCE A CHANCE!**

*Join our Team, let us grow together Email us at: [cfn@shantisahyog.org](mailto:cfn@shantisahyog.org) or message us on WhatsApp No: + 91 8285677777*

## A dream come true

Centre for Nonviolence (formerly known as Shanti Sahyog Center for Peace and Conflict Resolution- SS CPCRR) formed in 2018, is a dream child of our President Dr. Suman K. Aggarwal since her post-doctoral research days in 1987.

This project holds a very special place close to her heart. Since several years - through her academic career & the NGO's platform - she has tried to keep the fire of bringing Gandhian philosophy to the world alive, by:

- Teaching Courses on Gandhi in India & abroad;
- Trainings & Workshops on Nonviolent Conflict Resolution;
- Initiating Gandhi Clubs in Schools;
- Annual Inter-School Debate ' ';
- Peace Games Project in Schools & Colleges;
- Making multiple appeals to NCERT to incorporate class-wise curriculum on Gandhian Philosophy;
- Her latest Project, 'Bringing Gandhi to Women & Children sponsored by Azimji Premji University, and
- Her latest book, *The Science of Peace* (of which we are expecting the second edition soon)

So, dear fellow readers, we are proud to present to you the new version of Shanti Sahyog Centre for Peace & Conflict Resolution with its brand new tools, ideas, projects and power, to bring forth the change our current world truly deserves, and so do you.

**Click on the link below to subscribe to our Newsletter:**

**<https://shantisahyog.org/newsletters/>**

## VISION



**A World  
Beyond  
Violence & War**

## MISSION



**Creating Nonviolent  
Compassionate  
&  
Kind Communities**